The Trump Cost-of-Living Crisis in CA-46

How the Administration Is Making Life More Unaffordable

I. EXECUTIVE SUMMARY

Donald Trump promised to lower prices on Day One. He did the opposite.

Today, families are paying even more for essentials. Trump's tariff taxes, his disastrous Iran war, and his so-called "Big Beautiful Bill" are all adding even more pressure to household budgets.

This report summarizes: (1) the added costs families have already experienced and are projected to face, and (2) district-level data showing how these pressures are impacting families in CA-46.

II. NATIONAL LEVEL FINDINGS

Recent analyses indicate that families are paying more for core necessities, with especially visible increases in groceries and other everyday expenses. Data suggest that, so far under Donald Trump, families have faced an average increase of $3,500 in additional costs for basic living expenses due to inflation, tariff taxes, and the Iran war.

Research also finds that American consumers and importers bear approximately 96 percent of the burden of Trump's tariffs—contrary to his claim that foreign exporters pay these costs. One analysis estimates that Trump's tariff taxes cost the average American family $1,745 during his first year in office. This is further proof that families are bearing the cost of Trump's tariffs.

Trump's reckless Iran war has further increased costs for American families. In addition to raising the cost of transportation and shipping, the war has forced families to pay exorbitant prices at the pump. Since the war began, American families have paid a total of $60 billion more on gasoline (an average of $504 per family).

At the same time, Trump's so-called "Big Beautiful Bill" is shifting additional costs and risks onto families by reducing health coverage and increasing out-of-pocket expenses—making the largest cuts to health care and food assistance in modern history in order to finance tax breaks for billionaires. The Congressional Budget Office projects that 15 million Americans will lose health insurance under the so-called "Big Beautiful Bill" and Trump's decision to end enhanced Affordable Care Act (ACA) tax credits, alongside nearly $1 trillion in Medicaid cuts.

Meanwhile, another nonpartisan analysis estimates that 22 million Americans will see their premiums increase by over $1,000 annually because Trump allowed the enhanced ACA tax credits to expire.

In the first year since the passage of Trump's so-called "Big Beautiful Bill," over 8 million Americans have lost health coverage under the Affordable Care Act (ACA), Medicaid, and the Children's Health Insurance Program (CHIP). Over 4 million Americans, including 1.5 million children, have already lost Supplemental Nutrition Assistance Program (SNAP) access in the first year since the law was passed.

Taken together, independent estimates suggest the combined effects of higher everyday costs, tariff-driven price increases, and Trump's health care cuts would materially weaken household financial security—especially for working- and middle-class families.

III. LOCAL LEVEL FINDINGS FOR CA-46

Our report also finds that Donald Trump's reckless policies are hitting families right here in our community—raising costs in CA-46 and putting added strain on monthly household budgets.

Estimates show that families in California have already faced an estimated $4,600 average increase in basic living expenses under Donald Trump so far. This includes an average housing cost increase of $999 in California. To make matters worse, Trump's disastrous Iran war has cost CA-46 families an average of $453 (a total of $97 million in CA-46).

That means less purchasing power and less room in household budgets for savings and other necessities. In 2025, the data also show significant increases across other essential categories, including an average $296 annual increase in electricity costs for families in CA-46. Right now, families are already facing an average monthly grocery cost of $1,160 in CA-46, and an average annual child care cost of $39,293 for two children in California.

In the face of rising costs, families are finding it increasingly difficult to make ends meet. From April 2025 to March 2026, 52,948 individuals or households in California filed for bankruptcy, a 14.9 percent increase over the previous year.

Finally, Trump's so-called "Big Beautiful Bill" is intensifying these affordability pressures by raising health care costs, ripping away coverage, and threatening access to food assistance. Local indicators underscore what's at stake in CA-46, including 54,370 people who are at risk of losing coverage due to Trump's cuts to Medicaid and the ACA.

In addition to the thousands who will lose coverage, an estimated 27,000 people in CA-46 are being forced to pay even more for health care because of Trump's decision to end enhanced ACA tax credits. For example, a family of four earning $66,000 a year faces an annual premium increase of $2,651 (or 213 percent).

Across California, 300,838 people have now lost access to Supplemental Nutrition Assistance Program (SNAP) coverage that was helping families make ends meet and feed their children.

IV. CONCLUSION

The bottom line is simple: Trump has made a clear choice to prioritize tax breaks for billionaires and big corporations, even if it means higher prices and higher health care costs for everyone else. Families in CA-46 are already feeling the squeeze, and Trump's tariff taxes, combined with his extreme economic agenda, will pile on even more pressure—leaving working people with less room to save, less room to get ahead, and less peace of mind month to month.

This report is a snapshot of what families are paying now, and what is at stake if Trump doubles down on the same failed playbook. The choice ahead is just as clear: keep rewarding the well-connected while costs rise for everyone else, or take focused action to bring prices down, protect health care, and put working- and middle-class families first. Rep. Correa is committed to the second path and knows the American people deserve better. He will keep fighting for real relief for CA-46 families.

V. CITATIONS

The report was prepared using data compiled by the House Budget Committee. The report draws on publicly available information from sources including the Joint Economic Committee Minority, the Congressional Budget Office, the Joint Committee on Taxation, the Census Bureau, the Urban Institute, and Keep Americans Covered. Additional sourcing information and methodology is available on the House Budget Committee Minority website.